At the end of this session, attendees will be able to:

- Identify local resources for youth mental health services in North Central Florida;

- Summarize the “no wrong door” model for acute care service delivery as stated in Florida Statute 394.4523(1)(d) upon which the Mobile Response Teams are built;

- List at least 3 important community partners with whom the Mobile Response Teams collaborate in order to be successful.
Mobile Response Teams & Community Partners

- Mobile Crisis Response and Stabilization Services (MRSS), such as MRT programs, are one example of a cost-effective alternative to the use of EDs and inpatient treatment.¹

- Building community partnerships is vital to the success of MRT programs²; MRT teams at Meridian have Memorandums of Understanding (MOUs) with:
  - County Sheriff’s offices
  - Local Police Departments
  - County School Districts
  - Private schools
  - United Way
  - Local Hospitals

- Meridian MRT does monthly outreach activities to maintain the foundational partnerships of the program and grow the network of connections to maximize efforts in our region.
MRT Objectives

• Our Mission: To promote the health, recovery, and well-being of those affected by mental illnesses and substance use disorders through prevention, coordinated treatment, and supportive services.

• 5 year grant program funded by Lutheran Services Florida **for ages 25 and younger**.

• Available to provide crisis response services 24 hours a day / 7 days a week at the scene of a critical mental health crisis situation.

• Provide screening and referral services in the least restrictive setting to reduce the number crisis unit admissions, hospitalizations and incarcerations.

• Avoid future crisis situations.

• Keep everyone safe.
Destruction of Property

Aggressive behaviors

Suicidal

Homicidal

Baker Act

Depression

Incarceration

Destruction of Property
Why should you use the MRT?

• MRT responds on-site within 60 minutes. Usually less.

• MRT is an additional resource for providers to assist in the many mental health and/or substance abuse crises that occur in the health care settings.

• MRT follows the client from the onset of the crisis through the next 72 hours to ensure that the client is connected with the appropriate level of services, treatment, intervention, and resources needed to reduce further crises.

• MRT care coordinators can follow up with providers post-crisis to inform and coordinate care.
Responding to a Call
Program Managers

Direct day to day clinical operations of the Mobile Response Teams within a geographical region:

• North
  Columbia, Hamilton, Lafayette, Suwannee

• East
  Baker, Bradford, Union

• South
  Levy, Dixie, Gilchrist, Alachua CSU
The Clinician responds to the crisis location 24/7 (or via Telehealth) to conduct an initial assessment, provide crisis de-escalation, create safety plans, and teach crisis prevention coping skills.
The Care Coordinator facilitates the continuum of care process and links clients to the appropriate services, resources, referrals and programs.
The Peer Specialist serves as a positive role-model to clients & their families, sharing experience, knowledge & skills, as well as instilling hope and empowerment.
“No Wrong Door” policy

• 2019 Florida Statutes, Chapter 394, section 394.4573 (1) (d) defines the “no-wrong-door” model as the model for the delivery of acute care services to persons who have mental health or substance use disorders, or both, which optimizes access to care, regardless of the entry point to the behavioral health care system."

• “Warm hand-offs” and referrals to other services in the community are made to meet the ongoing needs of the individual and follow-up is conducted to determine that the appropriate linkage was made.
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352.374.5600 (select option 1, then option 2)
1.800.330.5615 (select option 1, then option 2)
At the end of this session, attendees will be able to:

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Links of Interest

**Lutheran Services Florida:** Managing Entity for North Central FL, funder of Meridian MRT program
https://www.lsfhealthsystems.org/resources/

**Meridian Behavioral Healthcare, Mobile Response Teams:**

**Department of Children and Families: Mobile Response Team Framework document:**

References


2) Shannahan, R. and Fields, S. (2016) May, 2016 SAMHSA The TA Network Brief; Services in Support of Community Living for Youth with Serious Behavioral Health Challenges: Mobile Crisis Response and Stabilization Services: