

BS: HEALTH EDUCATION & HEALTH PROMOTION

The Bachelor of Science (BS) Health Education and Health Promotion degree program is designed to prepare graduates for careers as health education specialists. The program prepares students with the foundation to design, implement, and evaluate interventions that advance the health of the community through application of evidence-based approaches within a Culture of Health framework. The program design aligns with standards essential for entry-level health educators and positions graduates to pursue the voluntary national certification as Certified Health Education Specialists (CHES) offered through the National Commission for Health Education Credentialing, Inc. The degree will prepare students for careers in health education and health promotion in healthcare, government, university, business, community/non-profit, and school settings. A unique feature of the program is its' interdisciplinary focus on education and health promotion with a strong emphasis on teaching and learning best practices.

University Campus Only Course Requirements

SLU 101 - FIRST YEAR EXPERIENCE – 1 credit

SLU 125 - CHOOSING WELLNESS – 3 credits

University Explorations (42 credit hours)

Complete the following University Explorations courses for the requirements noted in parenthesis.

MAT 151 - COLLEGE ALGEBRA

(University Explorations Math Requirement)

PSY 161 - INTRODUCTION TO PSYCHOLOGY

(University Explorations Human Adventure Requirement)

BIO 140 AND 140L – FUNDAMENTALS OF ANATOMY AND PHYSIOLOGY I AND LAB

(University Explorations Science Requirement)

BIO 150 AND 150L – FUNDAMENTALS OF ANATOMY AND PHYSIOLOGY II AND LAB

(University Explorations Science Requirement)

PHI 210RS - THINKING AND DOING ETHICS

(University Explorations Spiritual Life Requirement)

TOTAL HOURS FOR UNIVERSITY EXPLORATIONS: 44 CREDITS

[View the University Explorations](#)

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Major Requirements (57 credit hours)

CMS 205 - DYNAMIC PRESENTATIONS 3 credits

EDU 222 - TEACHING DIVERSE POPULATIONS 3 credits

EDU 226 - HUMAN GROWTH AND DEVELOPMENT 3 credits

EDU 370 - BRAIN BASED LEARNING IN THE DIGITAL AGE 3 credits

MAT 201 - INTRODUCTION TO STATISTICS 3 credits

HED 301 - FOUNDATIONS OF HEALTH EDUCATION: PURPOSES, PRACTICE, AND PROFESSION 3 credits

HED 310 - HEALTH PROMOTION ACROSS THE LIFESPAN 3 credits

HED 320 - NUTRITION AND HEALTH 3 credits

HED 330 - HEALTH EDUCATION CURRICULUM AND INSTRUCTION 3 credits

HED 340 - FOUNDATIONS OF HEALTH LITERACY PRACTICE 3 credits

HED 350 - THE WELLNESS OF MIND, BODY, AND SPIRIT 3 credits

HED 360 - FACILITATING AND ASSESSING LEARNING IN HEALTH EDUCATION 3 credits

HED 401 - INTRODUCTION TO RESEARCH METHODS IN HEALTH EDUCATION AND HEALTH PROMOTION 3 credits

HED 410 - LEADING AND EVALUATING WORKPLACE WELLNESS PROGRAMS 3 credits

HED 420 - BEHAVIOR THEORY AND MOTIVATION 3 credits

HED 430 - EMERGING TECHNOLOGIES IN HEALTH EDUCATION AND PROMOTION 3 credits

HED 440 - FOUNDATIONS OF COMMUNITY HEALTH EDUCATION METHODS 3 credits

HED 450 - LEADING HEALTH EDUCATION PROGRAMS 3 credits

HED 498 - CAPSTONE EXPERIENCE AND SEMINAR: HEALTH EDUCATION AND HEALTH PROMOTION 3 credits

GENERAL ELECTIVE CREDITS: Complete enough general elective credit hours to fulfill total hours required for degree completion.