

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Broccoli Cheddar*

Cream of Tomato*

Pasta E Fagioli

Chicken Noodle

Cream of Broccoli*

Italian Wedding

cream of Mushroom*

Beef Noodle

Creamy Roasted Garlic

and Chicken

Alphabet soup

New England Clam Chowder

chicken and Rice Soup

Classic

Grilled Steak Tips w/Onions Maple Roasted Sweet Potatoes * **Vegetable Medley # Italian Sausage** w/Peppers & Onions Penne alla Vodka **Broccoli Spears # Garlic Bread***

Churrasco Steak Jasmine Rice# / Black Beans **Tostones**

Chicken Parmesan Fettuccine #/ Meat sauce Broccoli w/Garlic Butter & Parm Cheese*/ Breadsticks

Beer Braised Brisket White Rice # / southern Fried **Yellow Squash** Cornbread *

Herb Crusted Swai Confetti Orzo Vegetable Medley#

Meatloaf/ Mashed Potatoes/Gravy Peas & carrots # Rolls *

Grill

Bacon Homefries # Tater Tots # Cheeseburgers Bagels and Lox w/capers, **Onions Boiled Eggs** Blackened Catfish sandwich / Cheeseburgers/ Turkey Burgers/Veggie Burgers * **Grilled Cheese * French Fries #**

Reuben Cheeseburgers/Turkey Burgers **Veggie Burgers * Grilled Cheese *** French fries #

> Fried Pickles Cheeseburgers/Turkey **Burgers/Veggie Burgers * Grilled Cheese */ French** Fries # **Chicken Waffle Sandwich**

Cheeseburgers/Turkey **Burgers/Veggie Burgers * Grilled Cheese *** French Fries # **Buffalo Chicken Grilled** Cheese Cheeseburgers/Turkey **Burgers/Veggie Burgers ***

Bacon/Sausage/Homefries **Hashbrowns #/Cheeseburgers Andouille Sausage Hash**

Grilled Cheese #

French Fries #

Healthy Choices

Salad & Deli bar

Cuban Chicken Fricassee Fresh Vegetables # Yellow Rice / Plantains

Jerk Chicken Jamaican Mac n cheese Steamed broccoli # / Jamaican **Beef Patties**

Pressed Cuban Sandwiches Red Beans/White Rice # **Plantains**

> Peri Peri Chicken w/Chimichurri sauce Fresh Green Beans # **Roasted Sweet Potatoes #**

Mushroom Pork Medallions Spinach w/Walnuts # Roasted Red Potatoes #

Salad & Deli bar

Mongolian Grill

Eggs */Cheese Grits */Oatmeal * Sausage Gravy & Biscuits **Blueberry Pancakes */ French** Toast * **Beef & mushrooms Garlic Baby Bok Choy Japanese Pan Noodles**

Tempura Shrimp/Sweet **Sour Sauce** Lo Mein Chinese Vegetables # Eggrolls*

Sesame Crusted Tuna w/Poke Sauce **Potstickers Wakame Salad**

> **Pepper Steak** Lo Mein * Chinese Vegetables #/ Eggrolls *

Karaage Chicken Wings Yakimeshi (Japanese Fried Egg Rolls * / Lo Mein */ Rangoons

Eggs */Grits */Cream of Wheat * **Sausage Gravy & Biscuits** Pancakes */Blueberry French **Toast Casserole***

Vegetarian

Crispy Orange Tofu* Garlic green Beans #

Rosemary Roasted Potatoes Eggplant Grinders * / Zucchini **Garlic Butter ***

> Tortilla Espanola Arugula Salad w/Lemon Vinaigrette

Roasted Vegetable & gouda **Grilled Cheese * Zucchini Fries ***

> Stuffed Shells w/ Mushroom Marinara * Cheese Bread * / Vegan Meatballs #

Pizza/Pasta

Marinara, Cheese Pizza

Egg Muffins, Pasta

Apple Pie Pizza* Vegan Pepperoni Pizza# **Baked Chicken Breast**

Spicy Hawaiian Vegan Pepperoni Pizza

Baked Chicken Breast

Meat Sicilian Vegan Pepperoni Pizza # **Baked Chicken Breast**

Chicken & Mushroom

Stromboli

Vegan Pepperoni Pizza #

Baked Chicken Breast

Boom Boom Boneless Chicker

BBQ Boneless Wings Fried Chicken Potato Wedges

Fried Chicken

Potato Wedges

Buffalo Wings

Fried Chicken

Potato Wedges

Chicken Tenders

Fried Chicken

Potato Wedges

Chicken Nuggets Veggie Lover's Pizza Fried Chicken Vegan Pepperoni Pizza **Potato Wedges Baked Chicken Breast**

Egg and Cheese Muffins, Pasta Marinara, Cheese Pizza

Dinner Rolls */Green Beans *

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	Soup	Classic	Grill	Mongolian Grill	Vegetarian	Pizza/Pasta	Chicken
Sunday	Broccoli Cheddar*	Chicken Alfredo Broccoli # Fettuccine #/Breadstick*	Cheeseburgers/Turkey Burgers/Veggie Burgers * Loaded Bacon cheese Fries	General Tso Beef Jasmine Rice # Egg Rolls *	Bean Burritos / Refried Beans * Flour Tortillas * Lettuce #/Salsa #/Sour Cream/Cheese	Pasta Marinara # Pepperoni & Cheese Pizzas Baked Chicken Breast	
Monday	Cream of Tomato* Pasta E Fagioli	Carved Roast Beef/ Au Jus Horseradish sauce vegetable Medley # Dinner Rolls *	Chili Cheese Dogs Cheeseburgers/Turkey Burgers/Veggie Burgers* French Fries #	Chicken Teriyaki Jasmine Rice # Veg Lo Mien*/ Chinese Veggies # Eggrolls	Cheesy Baked Gnocchi Spinach strudel	Pepperoni & Sausage Calzones Baked Chicken Breast	Buffalo Wings Fried Chicken Potato Wedges
Tuesday	Chicken Noodle Cream of Broccoli*	BBQ Chicken Quarters Collard Greens/Cornbread Grilled Corn #	Fried Fish Sandwiches Cheeseburgers/Turkey Burgers/Veggie Burgers * French Fries #	Taco Bar Beef / Chicken Spanish Rice/Refried Beans/Tortillas	Spicy Black Bean Burgers # Sweet Potato Fries #	Tomato White Pizza Baked Chicken Breast	Chicken Tenders Fried Chicken Potato Wedges
Wednesday	Italian Wedding cream of Mushroom*	Kielbasa w/Onions Sour Cream 7 chive Mashed potatoes * Southern-Style Cabbage	Cheese Sticks w/Marinara Cheeseburgers/Turkey Burgers/Veggie Burgers * French Fries #	Toppings Sweet Sour Chicken Jasmine Rice #/ Chinese Vegetables # Lo Mein */ Eggrolls	Cheese Tortellini w/Artichoke Sauce Garlic Bread Cheese Pizza	Sausage Pepper Onion Pizza Baked Chicken Breast	Boom Boom Boneless Chicken Fried Chicken Potato Wedges
Thursday	Beef Noodle Creamy Roasted Garlic and Chicken	Rolls * Carved Ham Scalloped Potatoes Broccoli Cheese Sauce/ Rolls	Jerk Chicken Pita Cheeseburgers/Turkey Burgers/Veggie Burgers * French Fries #	Bourbon Chicken Lo Mein * Jasmine Rice# Chicken Potstickers	Mac n Cheese Bar */ Grilled Mushrooms # Scallions/Shredded Cheese/Diced Tomatoes	Pepperoni Pan Pizza Baked Chicken Breast	BBQ Boneless Wings Fried Chicken Potato Wedges
Friday	Alphabet soup New England Clam Chowder	Yankee Pot Roast	Pulled Pork Grilled Cheese Cheeseburgers/Turkey Burgers/Veggie Burgers * French Fries #	Asian Rib tips Jasmine Rice Chinese Vegetables #/Eggrolls/Lo Mein *	Roasted Asparagus w/Parm Cheese * Mashed Cauliflower *	Meat lovers Pizza Baked Chicken Breast Pasta Marinara #/Garlic	Chicken Nuggets Fried Chicken Potato Wedges
Saturday	chicken and Rice Soup	Carved Turkey Breast/Cranberry	Italian Sausage w/Peppers & onions Cheese Cheeseburgers/Turkey Burgers/Veggie Burgers *	Nacho Bar Beef/Chicken/Spanish Rice #/Refried Beans # Topping/Nacho Cheese *	Fried Cheese Curds Ranch Dip *	Bread Pepperoni & Cheese Pizzas Baked Chicken Breast	

French Fries #