

LUNCH MENU OF THE WEEK

= Vegan * = Vegetarian

	Soup	Classic	Grill	Healthy Choices	Mongolian Grill	Vegetarian	Pizza/Pasta	Chicken
Sunday	Chicken Noodle	Grilled Chicken breast AuGratin Potatoes * Vegetable Medley #	Bacon/Homefries/Tater Tots Cheeseburgers Smoked Sausage French Fries *	Salad & Deli bar	Eggs*/Oatmeal*/Cheese Grits*/ Pancakes*Sausage Gravy & Biscuits Eggs Benedict *		Egg Muffins* Pasta Marinara# Pepperoni & Cheese Pizzas	
Monday	Lentil & Sausage Cheddar Corn Chowed	Ropa Vieja Yellow Rice/ Black Beans Yucca Com Mojo	Tater Tot Nachos Cheeseburgers/Turkey Burgers Veggie Burgers * Grilled Cheese* French Fries * Fried fish Sandwich	Creamy Mushroom Pork Chops Cheddar Garlic Mashed potatoes * Zucchini Garlic Butter	Seafood curry Jasmine Rice # Steamed Snap Peas # Eggrolls */Rangoons	Fried Ravioli * Marinara Sauce # Fresh Vegetables Medley #	Philly Cheesesteak Pizza Vegan Pepperoni Pizza # Baked Chicken Breast	Buffalo Wings Fried Chicken Potato Wedges
Tuesday	Beef Stew Split Pea W/Ham	Braised Pork Tips Egg Noodles Green Beans/Rolls	Cheeseburgers/Turkey Burgers Veggie Burgers * Grilled Cheese* Waffle Fries #	Chipotle Roasted Turkey breast Maple Roasted Sweet Potatoes Squash Casserole	Beef Bulgogi Jasmine Rice/Lo Mein Eggrolls * / Rangoons	Roasted Red pepper Hummus# Naan Bread # Grilled Vegetable Kabobs	Pepperoni Sicilians Vegan Pepperoni Pizza # Baked Chicken Breast	Chicken Tenders Fried Chicken Potato Wedges
Wednesday	Potato Leek * Lemon chicken Orzo soup	Chicken Cordon Bleu Spaghetti Garlic oil/Mornay sauce Garlic Bread */Broccoli Cauliflower #	Cheeseburgers/Turkey Burgers/Veggie Burgers * Grilled Cheese * Chili Cheese Fries #	Braised Oxtails Jamaican Cabbage Yellow Rice	Thai Firecracker Shrimp Vegetable Lo Mein */ Jasmine Rice # Steamed Vegetables # Springrolls *	Vegetable Samosas Basmati Rice / Potato curry	Pepperoni Calzones Vegan Pepperoni Pizza # Baked Chicken Breast	boom boom Boneless wings Fried Chicken Potato Wedges
Thursday	Beef Barley Broccoli Cheddar*	Beef Barbacoa Mexican Rice #/Tortillas # Cajun Red Beans/Cilantro/Diced onions/Limes	Chicken Philly Cheeseburgers/Turkey Burgers/Veggie Burgers * Grilled Cheese * French Fries #	Rosemary Pork Tenderloin Whipped Sweet potatoes * Creamed Spinach #	Spicy Tuna Sashimi/Salmon Sashimi Jasmine Rice Japanese Clear Soup	spinach & Feta Quiche * Penne Pomodoro	buffalo chicken Pizza Vegan Pepperoni Pizza # Baked Chicken Breast	BBQ Boneless Wings Fried Chicken Potato Wedges
Friday	Rustic Tomato Bisque * New England clam Chowder	Blackened Swai Dirty Rice Succotash #/Jalapeno Hushpuppies	Grilled PB & J Cheeseburgers/Turkey Burgers/Veggie Burgers * Grilled Cheese # French Fries #	Roman - style chicken Roasted Cherry Tomato Pasta * Green Beans Almondine #	Bangers & mash Banger Sausages/Onion Gravy Mashed Potatoes/green Peas	Cheesy Ranch Potatoes * Hot honey Roasted Carrots #	Shrimp Pizza Vegan Pepperoni Pizza # Baked Chicken Breast	chicken Nuggets Fried Chicken Potato Wedges
Saturday	Vegetable Soup #	Swedish Meatballs Mashed Potatoes * Vegetable Medley #	Bacon/Turkey Sausage/Homefries Hashbrowns #/Cheeseburgers	Salad & Deli bar	Eggs */Grits */Cream of Wheat * Sausage Gravy & Biscuits Pancakes */Blueberry French Toast Casserole*		Egg and Cheese Muffins* Pasta Marinara# Pepperoni & Cheese Pizzas	

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	Soup	Classic	Grill	Mongolian Grill	Vegetarian	Pizza/Pasta	Chicken
Sunday	Chicken Noodle	Teriyaki Glazed Salmon Wild Rice # /Rolls * Vegetable Medley#	Hot Dogs Cheeseburgers/Turkey Burgers/Veggie Burgers * French Fries #	Chicken Lo Mein Fresh steamed Vegetable# egg Rolls *	Spinach & Artichoke Dip * Tortilla Chips	Pasta Marinara # Pepperoni & Cheese Pizzas Baked Chicken Breast	
Monday	Lentil & Sausage Cheddar Corn Chowed	BBQ Ribs Mac & Cheese * BBQ Bourbon Baked Beans */Cornbread	Buffalo Meltdown Cheeseburgers/Turkey Burgers/Veggie Burgers *	Crispy Mongolian Chicken Jasmine Rice # Veg Lo Mein */ Steamed Veggies #	Vegan Meatballs Marinara #/Sub buns # Vegan Mozzarella Cheese #/ Sweet Potato Fries	Sausage Stromboli Baked Chicken Breast	Chicken Tenders Fried Chicken Potato Wedges
Tuesday	Beef Stew Split Pea W/Ham	Asian Glazed chicken Thighs Lo Mein * / Jasmine Rice # Eggrolls* / Rangoons	Fried Shrimp Po’ Boys Cheeseburgers/Turkey Burgers/Veggie Burgers * French Fries #	Beef / Chicken Fajitas to Order Tortillas /Toppings Refried Beans/Spanish	Grilled vegetable flatbreads * Tomato Cucumber Salad w/Creamy Dill Dressing	Smokehouse Chicken Pizza Baked Chicken Breast	Chicken Nuggets Fried Chicken Potato Wedges
Wednesday	Potato Leek * Lemon chicken Orzo soup	Chimichurri sirloin steak Bacon cheddar potatoes grilled Vegetables # / French rolls*	Grilled ham & Cheese Cheeseburgers/Turkey Burgers/Veggie Burgers * French Fries #	Rice Indian Butter Chicken Basmati rice / Naan Bread* Steamed Broccoli #	Beyond burgers Roasted Red Potatoes	BBQ Pork Pizza Baked Chicken Breast	Hot Honey Boneless Wings Fried Chicken Potato Wedges
Thursday	Beef Barley Broccoli Cheddar*	Carved Ham Scalloped Potatoes Broccoli Cheese sauce/rolls	Bacon Cheddar Burgers Cheeseburgers/Turkey Burgers/Veggie Burgers * French Fries #	Sweet Thai Chili Chicken Fried Rice* steamed Vegetables /Eggrolls /Lo Mein*	Buffalo Fried Cauliflower # Garlic Green Beans#	Spinach Calzones* Baked Chicken Breast	Island Jerk Wings Fried Chicken Potato Wedges
Friday	Rustic Tomato Bisque * New England clam Chowder	Shrimp Scampi/Spaghetti # steamed Broccoli # Bosco Sticks *	Mini Corndogs Cheeseburgers/Turkey Burgers/Veggie Burgers * French Fries #	General Tso Chicken Jasmine Rice# Chinese Vegetables# Eggrolls	Tropical Fruit Display# strawberry Yogurt Dip *	Meatlovers Pan Pizza Baked Chicken Breast	boom Boom Boneless Wings
Saturday	Vegetable Soup #	Rotisserie Chicken Vegetable Medley #/Dinner Rolls * Stuffing /Gravy	Fish Sticks Cheeseburgers/Turkey Burgers/Veggie Burgers * French Fries #	Korean BBQ Beef w/Bao buns Jasmine Rice Garlic Broccoli	Mediterranean pita * Pasta Salad	Pasta Marinara # Pepperoni & Cheese Pizzas Baked Chicken Breast	