



Volunteer Opportunities – November 19

Florida-Tampa Bay Area Specific:

- [Dress for Success](#) – Empower women with professional attire and career support.
- [The Spring of Tampa Bay](#) – Providing safe spaces and empowering services to survivors of domestic violence and their children. Volunteer at a Thrift Store, Donation Center

Nationwide:

- [United Way](#) – Connects volunteers to programs in education, health, and financial stability.
- [Habitat for Humanity](#) – Build/repair affordable homes; opportunities across the U.S.
- [American Red Cross](#) – Blood donations, disaster relief, lifesaving training (application & background check required).
- [Salvation Army](#) – Faith-based aid with food, clothing, and essentials (application & background check required).
- [OneBlood / Blood Drives](#) – Donate blood; other volunteer roles may be available.
- [Humane Society](#) (websites vary by location) – Care for animals: walking dogs, adoption support, off-site outings.
- [Feeding America](#) (Food Pantries) – Support food banks and deliveries
- [Meals on Wheels](#) – Deliver meals to seniors; (application, background check, car, license, and orientation required).
- [Clean Swell – Neighborhood, Beach, Trail or Park Clean Up](#) – Head out to your favorite beach, park, or trail and use the Clean Swell app to easily record each item of trash you collect.
- [Letters Against Isolation](#) – Handwritten letters of love to seniors
- [Operation Gratitude](#) – Handwritten letters to deployed troops
- [Knots of Love](#) – Knit / crochet for hospitals and shelters