

# LUNCH OF THE WEEK

SUN

## SOUP

- Cream of Mushroom

## CLASSIC

- Stroganoff
- Mashed Potatoes
- Mixed Veggies

## GRILL

- Bacon, Sausage, Homefries, Hashbrowns

## HEALTHY CHOICE

- Salad Bar

## INTERNATIONAL

- Eggs, Grits, Oatmeal
- Sausage, Gravy, Biscuits, Pancakes, Waffles

## VEGETARIAN

- Deli Bar

## PIZZA/ PASTA

- Marinara/ Alfredo

MON

## SOUP

- Chicken Garlic Noodle
- Beef & Barley

## CLASSIC

- Country Fried Steak
- Mashed Potato Gravy
- Vegetable Medley

## GRILL

- Hot Dogs
- Burgers
- French Fries

## HEALTHY CHOICE

- Blacken Tilapia
- Black Beans/ Rice
- Fresh Vegetables

## INTERNATIONAL

- Orange Chicken
- Rice
- Oriental Vegetables

## VEGETARIAN

- Grilled Veggie Caesar Wrap

## PIZZA/ PASTA

- Meatlovers
- Marinara/ Alfredo

TUE

## SOUP

- Chili Con Carne
- Pea Soup

## CLASSIC

- Chopped Sirloin
- Mashed Potato
- Veggie

## GRILL

- Philly Cheese
- Hot dog
- French Fries

## HEALTHY CHOICE

- FIOCCHI Cheese w/ Pears Pasta Purse
- Brown Rice
- Asparagus

## INTERNATIONAL

- Chicken Lo Mein
- Egg Rolls
- Rice

## VEGETARIAN

- Stuffed Avocados
- Sea Food Salad
- Spring Greens

## PIZZA/ PASTA

- Pineapple Pizza
- Marinara/ Alfredo

WED

## SOUP

- Minestrone
- Zuppa Tuscany

## CLASSIC

- Lemon Pepper Swai
- Rice O'brien
- Vegetables

## GRILL

- BLT
- Burger
- French Fries

## HEALTHY CHOICE

- Baked Chicken
- Au Gratin Potatoes
- Veggies

## INTERNATIONAL

- Lasagna
- Bread Sticks
- Zucchini Yellow Squash

## VEGETARIAN

- Stewed Tomatoes w/ Spinach & Squash

## PIZZA/ PASTA

- Cheese Calzone
- Marinara/ Alfredo

THUR

## SOUP

- Northern Bean
- Chicken Noodle

## CLASSIC

- Lemon Chicken/ Pepper Onion Capers
- Cous Cous
- Broccoli

## GRILL

- Fried Chicken Sandwich
- Burgers
- French Fries

## HEALTHY CHOICE

- Baked Cod
- Steamed Potato
- Vegetables

## INTERNATIONAL

- Country Pork Al Pastor
- South West Corn
- Spanish Rice

## VEGETARIAN

- Sag a Lo
- Nahaan Dippers

## PIZZA/ PASTA

- Vegetarian
- Marinara/ Alfredo

FRI

## SOUP

- Clam Chowder
- Vegetable Beef

## CLASSIC

- Baked Haddock
- Boiled Potatoes
- Vegetables

## GRILL

- Shrimp Po, Boys
- Burger
- French Fries

## HEALTHY CHOICE

- Smothered Chicken w/ Peppers & Onions

## INTERNATIONAL

- Fajitas to Order
- Rice Peppers Onions
- Beans Cheese

## VEGETARIAN

- 3 Bean Soup
- Basmati Rice

## PIZZA/ PASTA

- Pepperoni Calzone/ Cheese
- Marinara/ Alfredo

SAT

## SOUP

- Cream of Broccoli

## CLASSIC

- Pork Loin Rose Mary
- Scalloped Potatoes
- Vegetables

## GRILL

- Bacon, Sausage, Homefries, Hashbrowns

## HEALTHY CHOICE

- Salad Bar

## INTERNATIONAL

- Eggs, Grits, Oatmeal
- Sausage, Gravy, Biscuits, Pancakes, Waffles

## VEGETARIAN

- Deli Bar

## PIZZA/ PASTA

- Marinara/ Alfredo

# DINNER OF THE WEEK

SUN

## CLASSIC

- Chef James' Special Menu

## GRILL

- Brugers
- French Fries

## HEALTHY CHOICE

- Salad Bar

## INTERNATIONAL

- Paella
- Yellow Rice
- Plantains

## VEGETARIAN

- Deli Bar

## PIZZA/ PASTA

- Flatbreads

MON

## CLASSIC

- Sausage w/ Peppers
- Meatballs
- Garlic Bread/ Cous Cous

## GRILL

- The Elvis Presley
- Burgers
- French Fries

## HEALTHY CHOICE

- Sticky Pineapple Chicken
- Wild Coconut Rice
- Veggies

## INTERNATIONAL

- Steak & Peppers
- Rangoons
- Fried Rice

## VEGETARIAN

- Vegan Chicken Dipper
- Veggies

## PIZZA/ PASTA

- Meatlovers
- Marinara/ Alfredo

TUE

## CLASSIC

- Fried Chicken
- Tater Logs
- Veggies

## GRILL

- Cheese Quesadilla/ Roasted Peppers
- Burgers
- French Fries

## HEALTHY CHOICE

- Grilled Chicken
- Rice Pilaf
- Veggies

## INTERNATIONAL

- Brown Butter Chicken
- Nahaan Dippers
- Veggies

## VEGETARIAN

- Spicy Veggie Curry
- Pita Dips

## PIZZA/ PASTA

- Pineapple Pizza
- Marinara/ Alfredo

WED

## CLASSIC

- Bourbon Steak & Peppers
- Yellow Rice
- Veggies

## GRILL

- Burgers
- Nuggets
- French Fries

## HEALTHY CHOICE

- Center Cut Pork Chop
- Au Gratin Potatoes
- Veggies

## INTERNATIONAL

- Chicken Cassoulet
- Fresh Veggies
- Dinner Rolls

## VEGETARIAN

- Spaghetti Squash
- Meatballs Marinara

## PIZZA/ PASTA

- Cheese Calzone
- Marinara/ Alfredo

THUR

## CLASSIC

- Pot Roast
- Poto Carrot Onion Celery

## GRILL

- Burgers
- Grilled Ham & Cheese
- French Fries

## HEALTHY CHOICE

- Grilled Chicken
- Mixed Veggies
- Rolls

## INTERNATIONAL

- Ropa Vieja
- Plantains Rice
- Black Beans Rolls

## VEGETARIAN

- Vegan Chix Cutlets Sauce
- Peppers & Onions Rice Bread

## PIZZA/ PASTA

- Vegetarian
- Marinara/ Alfredo

FRI

## CLASSIC

- Shrimp Scampi
- Yellow Rice
- Garlic Bread

## GRILL

- Burgers
- Hot Dogs
- French Fries

## HEALTHY CHOICE

- Greek Lemon Chicken
- Orzo w/ Tomatoes
- Garlic Bread

## INTERNATIONAL

- Cacciatore
- White Rice
- Garlic Bread

## VEGETARIAN

- Fruit Bowl

## PIZZA/ PASTA

- Pepperoni / Cheese
- Marinara/ Alfredo

SAT

## CLASSIC

- Fried Chicken
- Mashed Pepper Gravy
- Rolls/ Veggies

## GRILL

- Burgers
- Nuggets
- French Fries

## HEALTHY CHOICE

- Salad Bar

## INTERNATIONAL

- Gen Tso Chicken
- Pork Pot Stickers
- Vegetables

## VEGETARIAN

- Deli Bar

## PIZZA/ PASTA

- Flatbreads