

# LUNCH OF THE WEEK

SUN

## SOUP

- Chef's Choice

## CLASSIC

- Chef's Choice

## GRILL

- Bacon, Sausage, Homefries, Hashbrowns

## HEALTHY CHOICE

- Salad Bar

## INTERNATIONAL

- Eggs, Grits, Oatmeal
- Sausage, Gravy, Biscuits, Pancakes, Waffles

## VEGETARIAN

- Deli Bar

## PIZZA/ PASTA

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MON

## SOUP

- Bean with Bacon Soup
- Beef Barley

## CLASSIC

- Baked Chicken
- Scalloped Potato
- Buttered Corn
- Dinner Roll

## GRILL

- Grilled Ham & Cheese
- Burgers
- French Fries

## HEALTHY CHOICE

- Mediteranean Hummus Bowl Day

## INTERNATIONAL

- Sweet & Sour Chicken
- Asian Stir Fry
- Jasmine Rice
- Fortune Cookie

## VEGETARIAN

- Mediteranean Hummus Bowl Day

## PIZZA/ PASTA

- Pepperoni/Cheese

TUE

## SOUP

- Beef Noodle Soup
  - Cajun Crab

## CLASSIC

- Salisbury Steak
- Mashed Potatoes
- Brown Gravy
- Green Beans

## GRILL

- Chicken Nuggets Cheese
- Burgers
- French Fries

## HEALTHY CHOICE

- Vegetarian Taco

## INTERNATIONAL

- Taco Tuesday
- Beef or Chicken
- Hard or Soft
- All the fixins

## VEGETARIAN

- Stir Fry Tofu
- Vegetable Blend
- Rice

## PIZZA/ PASTA

- Meatlovers/Cheese

WED

## SOUP

- Cauliflower Cheddar
- Chicken Noodle

## CLASSIC

- Beer Battered cod
- Slaw
- Hushpuppies

## GRILL

- Cheese Quesadilla
- Burgers
- French Fries

## HEALTHY CHOICE

- Steamed Edemane
- Greek Lettuce Wrap
- (served in Casserole dish)

## INTERNATIONAL

### World Wok Wednesday

- Oxtail
- African Rice
- Plantain

## VEGETARIAN

- Butternut squash
- Lentils

## PIZZA/ PASTA

- Hawaiian/Cheese

THUR

## SOUP

- Cream Of Broccoli
- Hot & Sour with Tofu

## CLASSIC

- Baked Ziti
- Steamed Broccoli
- Garlic Bread

## GRILL

- Grilled Cheese
- Burgers
- French Fries

## HEALTHY CHOICE

- Asparagus & Salmon Bowl
- (serve in Casserol dish)

## INTERNATIONAL

- Caribbean Students
- Crab Salad
- Fried Plantain
- Peas & RiceMacaroni & Cheese
- SkyJuice

## VEGETARIAN

- Cous Cous
- Mediteranean Salad
- Dinner Rolls

## PIZZA/ PASTA

- Veggy Calzone/Cheese
- Pepperoni Pizza

FRI

## SOUP

- Clam Chowder
- Italian Sausage

## CLASSIC

- Stuffed Fish
- Corn Fritters
- Yellow Rice

## GRILL

- Shrimp Po, Boys
- Black BeanBurger
- French Fries

## HEALTHY CHOICE

- Poke Bowl

## INTERNATIONAL

- Fajita Friday
- Grilled Peppers, Onions
- Tofu
- All the Fixins

## VEGETARIAN

- Poke Bowl

## PIZZA/ PASTA

- Cheese/Vegetable

SAT

## SOUP

- Chefs Choice

## CLASSIC

- Chef's Choice

## GRILL

- Bacon, Sausage, Homefries, Hashbrowns

## HEALTHY CHOICE

- Salad Bar

## INTERNATIONAL

- Eggs, Grits, Oatmeal
- Sausage, Gravy, Biscuits, Pancakes, Waffles

## VEGETARIAN

- Deli Bar

## PIZZA/ PASTA

-

# DINNER OF THE WEEK

SUN

## SOUP

### CLASSIC

- Chef's Choice

### GRILL

- Burgers
- Fries
- 

### HEALTHY CHOICE

- Salad Bar

### INTERNATIONAL

- Chef's Choice

### VEGETARIAN

- Deli Bar

### PIZZA/ PASTA

- Assorted Flatbreads

MON

## SOUP

### CLASSIC

- Chicken
- Rice
- Vegetable

### GRILL

- Burgers
- Fries
- Fried Chicken Sandwich

### HEALTHY CHOICE

- Jamaican Pepper Shrimp
- Steamed Asparagus
- Sundried Tomato Pesto Pasta

### INTERNATIONAL

- Sweet Thai Chili Chicken
- Jasmine Rice
- Vegetable Medley

### VEGETARIAN

- Curried Vegetables
- Cous Cous

### PIZZA/ PASTA

- Pepperoni/Cheese

TUE

## SOUP

### CLASSIC

- Sesame Teriyaki Pork Chops
- Au Gratin Potatoes
- Vegetable

### GRILL

- Burgers
- Fries
- Fried Fish Sandwich

### HEALTHY CHOICE

- Gochujang Gumbo

### INTERNATIONAL

- Bulgogi
- Basmati Rice
- Flour Tortillas

### VEGETARIAN

- Roasted Beet And Carrot Salad

### PIZZA/ PASTA

- Meatlovers/Cheese

WED

## SOUP

### CLASSIC

- Grilled Chicken Breast
- Roasted Potatoes
- Steamed Vegetables

### GRILL

- Monte Carlo
- Ham Burger
- French Fries

### HEALTHY CHOICE

- Spicy Chicken Wrap
- Tuscan Fries

### INTERNATIONAL

- Pilau

### VEGETARIAN

- Curried Chickpea Lettuce Wraps

### PIZZA/ PASTA

- Hawaiian/Cheese

THUR

## SOUP

### CLASSIC

- Meatloaf
- Mashed Potato
- Gravy
- Whole Kernal Corn

### GRILL

- Chicken Nuggets
- Burgers
- French Fries

### HEALTHY CHOICE

- Bronzed Fish
- Jasmine Rice
- Vegetable

### INTERNATIONAL

- Arribbiata Whole Wheat Penne
- Vegetable

### VEGETARIAN

- Vegetable Platter
- Hummus, Ranch Dipping Sauce

### PIZZA/ PASTA

- Veggy Calzone/Cheese

FRI

## SOUP

### CLASSIC

- Fried Cod
- Jasmine Rice
- Vegetables

### GRILL

- Grilled Cheese
- Burger
- French Fries

### HEALTHY CHOICE

- Potato Bar

### INTERNATIONAL

- Honey Garlic Chicken
- Basmati Rice
- Naan Bread

### VEGETARIAN

- Potato Bar

### PIZZA/ PASTA

- Cheese/Vegetable

SAT

## SOUP

### CLASSIC

- Chef's Choice

### GRILL

- Bacon, Sausage, Homefries, Hashbrowns

### HEALTHY CHOICE

- Salad Bar

### INTERNATIONAL

- Chef's Choice

### VEGETARIAN

- Deli Bar

### PIZZA/ PASTA

- Assorted Flatbreads