

LUNCH OF THE WEEK

SUN

SOUP

- Chef's Choice

CLASSIC

- Chef's Choice

GRILL

- Bacon, Sausage, Homefries, Hashbrowns

HEALTHY CHOICE

- Salad Bar

INTERNATIONAL

- Eggs, Grits, Oatmeal
- Sausage, Gravy, Biscuits, Pancakes, Waffles

VEGETARIAN

- Deli Bar

PIZZA/ PASTA

-

MON

SOUP

- Italian Wedding Soup
- Cheeseburger Soup

CLASSIC

- Fried Chicken
- Mashed Potatoes
- Buttered Corn
- Dinner Roll

GRILL

- Grilled Ham & Cheese
- Burgers
- French Fries

HEALTHY CHOICE

- Mediteranean Hummus Bowl Day

INTERNATIONAL

- Chicken Lo Mein
- Jasmine Rice
- Spring Rolls
- Vegetable

VEGETARIAN

- Mediteranean Hummus Bowl Day

PIZZA/ PASTA

- Pepperoni/Cheese

TUE

SOUP

- Potato Leek Soup
- Chicken Barley Soup

CLASSIC

- Country Fried Steak
- Pepper Gravy
- Roasted Potatoes
- Vegetable

GRILL

- Chicken Nuggets Cheese
- Burgers
- French Fries

HEALTHY CHOICE

- Mediteranean Harvest

INTERNATIONAL

- Taco Tuesday
- Beef or Chicken
- Hard or Soft
- All the fixins

VEGETARIAN

- Mediteranean Harvest

PIZZA/ PASTA

- Meatlovers/Cheese

WED

SOUP

- Minestrone
- Roasted Garlic and Chicken Soup

CLASSIC

- Cajun Shrimp
- Red Beans and Rice
- Cornbread

GRILL

- Hot Dogs
- Patty Melt
- French Fries

HEALTHY CHOICE

- Steamed Edemane

INTERNATIONAL

Water World Wok Wednesday

- Cajun Shrimp
- Red Beans and Rice
- Corn Bread

VEGETARIAN

- Spinach Soufflé
- Bread

PIZZA/ PASTA

- Hawaiian/Cheese

THUR

SOUP

- Navy Bean Soup
- Spring Vegetable Soup

CLASSIC

- Mojo Pork
- Black Beans/Rice
- Tostones/Platanos

GRILL

- Grilled Cheese
- Burgers
- French Fries

HEALTHY CHOICE

- Chickpeas and Vegetable Stir-Fry
- Brown Rice
- Spring Rolls

INTERNATIONAL

- Teriyaki Stir Fry
- Vegetables, Noodles, Rice and Tofu

VEGETARIAN

- Cous Cous Mediteranean Salad
- Dinner Rolls

PIZZA/ PASTA

- Veggy Calzone/Cheese
- Pepperoni Pizza

FRI

SOUP

- Clam Chowder
- Sausage and Garbanzo Soup

CLASSIC

- Stuffed Fish
- Corn Fritters
- Tossed Mixed Greens

GRILL

- Shrimp Po, Boys
- Black BeanBurger
- French Fries

HEALTHY CHOICE

- Poke Bowl

INTERNATIONAL

- Fajita Friday
- Grilled Peppers, Onions
- Tofu
- All the Fixins

VEGETARIAN

- Poke Bowl

PIZZA/ PASTA

- Cheese/Vegetable

SAT

SOUP

- Spinach Leek & White Bean Soup

CLASSIC

- Chef's Choice

GRILL

- Bacon, Sausage, Homefries, Hashbrowns

HEALTHY CHOICE

- Salad Bar

INTERNATIONAL

- Eggs, Grits, Oatmeal
- Sausage, Gravy, Biscuits, Pancakes, Waffles

VEGETARIAN

- Deli Bar

PIZZA/ PASTA

-

DINNER OF THE WEEK

SUN

SOUP

CLASSIC

- Chef's Choice

GRILL

- Burgers
- Fries
- Fried Chicken Sandwich

HEALTHY CHOICE

- Salad Bar

INTERNATIONAL

- Chef's Choice

VEGETARIAN

- Deli Bar

PIZZA/ PASTA

- Assorted Flatbreads

MON

SOUP

- Italian Wedding Soup
- Cheeseburger Soup

CLASSIC

- Beef Tips w/ Brown Gravy
- Egg Noodles
- Cornbread
- Vegetable

GRILL

- Grilled Cheese
- Burgers
- French Fries

HEALTHY CHOICE

- Jamaican Pepper Shrimp
- Steamed Asparagus
- Sundried Tomato Pesto Pasta

INTERNATIONAL

- Sweet Thai Chili Chicken
- Jasmine Rice
- Vegetable Medley

VEGETARIAN

- Curried Vegetables
- Cous Cous

PIZZA/ PASTA

- Pepperoni/Cheese

TUE

SOUP

- Potato Leek Soup
- Chicken Barley Soup

CLASSIC

- Sesame Teriyaki Pork Chops
- Au Gratin Potatoes
- Vegetable

GRILL

- Burgers
- Fries
- Fried Fish Sandwich

HEALTHY CHOICE

- Baked Fish
- Yellow Rice
- Black Beans

INTERNATIONAL

- Broccoli Cheddar Chicken Breast
- Jasmine Rice
- Vegetable Medley

VEGETARIAN

- Pico De Gallo/ Guacamole
- Tortilla Chips

PIZZA/ PASTA

- Meatlovers/Cheese

WED

SOUP

- Minestrone
- Roasted Garlic and Chicken Soup

CLASSIC

- Grilled Chicken Breast
- Roasted Potatoes
- Steamed Vegetables

GRILL

- Grilled PB&J
- Burger
- French Fries

HEALTHY CHOICE

- Caesar Salad Wrap
- Cole Slaw
- Tuscan Fries

INTERNATIONAL

- Meat Lasagna
- Garlic Bread
- Vegetable

VEGETARIAN

- Fruit Platter

PIZZA/ PASTA

- Hawaiian/Cheese

THUR

SOUP

- Navy Bean Soup
- Spring Vegetable Soup

CLASSIC

- Mac n Cheese
- Beanie Weenies
- Broccoli

GRILL

- Tuna Melt
- Burgers
- French Fries

HEALTHY CHOICE

- Bronzed Fish
- Jasmine Rice
- Vegetable

INTERNATIONAL

- Ropa Vieja
- White Rice
- Vegetable

VEGETARIAN

- Vegetable Platter
- Hummus, Ranch Dipping Sauce

PIZZA/ PASTA

- Veggy Calzone/Cheese

FRI

SOUP

- Clam Chowder
- Sausage and Garbanzo Soup

CLASSIC

- Fried Cod
- Jasmine Rice
- Vegetables

GRILL

- Grilled Cheese
- Burger
- French Fries

HEALTHY CHOICE

- Potato Bar

INTERNATIONAL

- Indian Butter Chicken
- Basmati Rice
- Naan Bread

VEGETARIAN

- Potato Bar

PIZZA/ PASTA

- Cheese/Vegetable

SAT

SOUP

CLASSIC

- Chef's Choice

GRILL

- Bacon, Sausage, Homefries, Hashbrowns

HEALTHY CHOICE

- Salad Bar

INTERNATIONAL

- Chef's Choice

VEGETARIAN

- Deli Bar

PIZZA/ PASTA

- Assorted Flatbreads